



# Decathlon Men's 400 Metres

## RESULTS

25 June 2021

Heat 1

2

Start TIME 20:26 TEMPERATURE 13 °C 93 %

	MARK	COMPETITOR	NAT	AGE	Record Date
WR	43.03	Wayde VAN NIEKERK	RSA	24	14 Aug 2016
NR	44.36	Iwan THOMAS	GBR	23	13 Jul 1997
CR	44.36	Iwan THOMAS	GBR	23	13 Jul 1997
SR	45.52	Timothy BENJAMIN	GBR	23	10 Jul 2005

POS	COMPETITOR	AGE	LANE	MARK	POINTS	REACTION TIME	
1	<b>Harry KENDALL</b> TONBRIDGE A C	24	2	50.52	791	0.151	<b>SB</b>
2	<b>Elliot THOMPSON</b> ENFIELD & HARINGEY H	28	3	51.29	756	0.169	
3	<b>Lewis CHURCH</b> TONBRIDGE A C	24	4	51.54	745	0.166	
4	<b>Howard BELL</b> WOODFORD G ESSEX L	23	6	52.73	693	0.178	
	<b>Curtis MATHEWS</b> CARDIFF A A C	29	5	DNS	0		

### GREAT BRITAIN & N.I. TOP ALL-TIME

MARK	COMPETITOR	DATE
44.36	Iwan THOMAS	1997
44.37	Roger BLACK	1996
44.37	Mark RICHARDSON	1998
44.45	Martyn ROONEY	2015
44.47	David GRINDLEY	1992
44.48	Matthew HUDSON-SMITH	2016
44.50	Derek REDMOND	1987
44.54	Rabah YOUSIF BKHEIT	2015
44.56	Timothy BENJAMIN	2005
44.57	Jamie BAULCH	1996

### GREAT BRITAIN & N.I. TOP 2021

MARK	COMPETITOR	DATE
45.51	Matthew HUDSON-SMITH	4 Apr
45.51	Charlie DOBSON	24 Apr
45.84	Joe BRIER	29 May
45.89	Cameron CHALMERS	29 May
45.90	Alex HAYDOCK-WILSON	8 Jun
46.27	Lee THOMPSON	12 Jun
46.30	Michael OHIOZE	17 Apr
46.35	Rabah YOUSIF BKHEIT	2 Jun
46.35	Efe OKORO	12 Jun
46.37	Niclas BAKER	8 May
46.37	Owen SMITH	12 Jun

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